

Anna Fischer

Training Coordinator and Professional Consultant, Trauma Sensitive Law

Anna is a Training Coordinator and Professional Consultant in the areas of workplace mental health, corporate culture management, and trauma-informed client care.

Drawing from a professional background in trauma-specialised psychology, sociology, and law, Anna founded Trauma Sensitive Law in 2024 out of the belief that both legal practitioners and their clients engage with the legal process most effectively when they are able to feel mutually calm, committed and in control throughout the matter.

Anna's work as a speaker and consultant centers on increasing the legal field's awareness of how mental health, trauma sensitivity, and ethical client care influence both practitioner and client outcomes.

