



**Wendy Liu**  
**Specialist Grief and Trauma Counsellor**

Wendy Liu is a Specialist Grief and Trauma Counsellor, Couple & Family Therapist, and Accredited Mental Health Social Worker at [The Session](#).

For over 20 years Wendy has been supporting people during crisis and bereavement, including at Forensic Medicine with the Coroner's Court, Palliative Care, Intensive Care, Oncology and Aged Care.

She holds a Master in Couple and Family Therapy, a Bachelor of Social Work, and a Graduate Certificate in Social Work (Dying, Death and Palliative Care). She has provided training and consultation to NSW Police, NSW Ambulance, NSW Health, Australian Psychological Society, and is featured in 'Any Ordinary Day', an award-winning book about trauma and resilience by Leigh Sales.

Wendy has a specialist interest in supporting people following sudden and unexpected deaths, families of missing persons, and together with another Grief Counsellor, hosts regular online Grief Information Sessions.

**Qualifications and affiliations**

Bachelor of Social Work, University of Sydney

Graduate Certificate in Social Work: Dying, Death & Palliative Care, University of Sydney

Master of Couple & Family Therapy, University of New South Wales and Relationships Australia

Accredited Mental Health Social Worker

Member of Australian Association of Social Workers

Eye Movement Desensitisation and Reprocessing Practitioner - EMDR Institute

Ambiguous Loss Specialist Counsellor, Missing Persons Advocacy Network

Outreach Program Counsellor, Open Arms Veterans and Families Counselling